

Spreading Happiness

By, Carlotta Whyte

One day, when one of our granddaughters, Anna, was very young, she was helping me to ice a cake. She was so tiny, that she had to stand on a stool at the kitchen counter and still had to stretch up in order to be able to spread the frosting. As she was gaining confidence in the technique of spreading the frosting, she looked up at me and said, "You know what, Grandma? We are spreading happiness all over this cake!" We both giggled and agreed that thick rich icing does indeed spread happiness!

Being a part of the body of Christ, we all recognize that it makes us the hands and feet of Christ. But have we also thought about, being a part of the body of Christ also makes us the hugger who expresses joy when another person shares with us the joy that they have just received. Being a part of the body of Christ makes us the one who calls a friend when they have received good news and sharing in their moments of excitement. Celebrate big with them! They have received truly the gift of joy. Joy shared with others in the body of Christ is never wasted, but strengthens everyone involved. Spreading joy with each other is a lot like, what little Anna said about the cake icing --- "spreading happiness!"

Christian fellowship is a great gift from God! We should take every opportunity to enjoy that gift!

I would encourage each of us to watch for opportunities to share moments of joy with each other!!

"Love one another with brotherly affection. Outdo one another in showing honor.....Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another.....(Romans 12:10, 15-16 ESV)

Prayer: Thank you, Lord, for the moments of joy that You encourage us to share and enjoy with each other. Help us to watch for joy and celebrate in Christian fellowship. And as, Anna referenced about the cake icing, help us to "spread happiness" on a daily basis, in Jesus name we pray. Amen